

2026 Health and Safety Training Course Dates

Expert-Led Accredited Training for a Safer 2026

Our 2026 schedule brings together our most popular Ligtas Health and Safety Training Courses, including accredited IOSH Courses and NEBOSH Courses, delivered either live online or in-person at our premium Cardiff training venue.

As a NEBOSH Gold Learning Partner and rated 'Outstanding' by IOSH, we design every course to support real-world application – giving your teams the clarity, confidence, and practical skills they need to keep people safe.



Flexible Learning to Suit Every Organisation

Live Virtual Learning

Learn from anywhere with interactive, tutor-led virtual training. Ideal for multisite teams, hybrid workforces, and organisations seeking consistency without travel costs.

Classroom Learning*

Join us at our Cardiff training centre for focused, collaborative learning in a distraction-free environment. Delegates benefit from premium facilities including free parking, barista-quality coffee, and on-site catering.

*All classroom courses are delivered at Ligtas Consultancy & Training, Axys House, Heol Crochendy, Parc Nantgarw, Cardiff CF15 7TW.

2026 Training Schedule

January			
IOSH Working Safely	12th January	Virtual	
NEBOSH Certificate in Fire Safety	26th – 30th January	Classroom	
Online Open Book Examination	4th February		
IOSH Managing Safely	26th January 2nd - 9th February	Virtual	

February

NEBOSH National General Certificate			
Week 1	2nd - 6th February	Classroom	
Week 2	23rd - 27th February		
Online Open Book Examination	4th March		
IOSH Safety for Executives & Directors	19th February	Virtual	

March

IOSH Managing Safely	2nd - 5th March	Classroom	
IOSH Working Safely	9th March	Virtual	

April

IOSH Managing Safely	13th, 20th & 27th April	Virtual	
NEBOSH Certificate in Fire Safety	27th April - 1st May	Classroom	
Online Open Book Examination	6th May		

May

IOSH Working Safely	11th May	Virtual	
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June

NEBOSH National General Certificate			
Week 1	8th - 12th June	Classroom	
Week 2	29th June - 3rd July		
Online Open Book Examination	8th July		
IOSH Managing Safely	8th, 15th & 22nd June	Virtual	
IOSH Safety for Executives & Directors	18th June	Virtual	

July

IOSH Managing Safely	6th - 9th July	Classroom	
IOSH Working Safely	13th July	Virtual	

August

IOSH Managing Safely	3rd, 10th & 17th August	Virtual	
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September

NEBOSH National General Certificate			
Week 1	7th - 11th September	Classroom	
Week 2	28th September - 2nd October		
Online Open Book Examination	7th October		
IOSH Working Safely	14th September	Virtual	

August

IOSH Managing Safely	3rd, 10th & 17th August	Virtual	
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September

NEBOSH National General Certificate			
Week 1	7th - 11th September	Classroom	
Week 2	28th September - 2nd October		
Online Open Book Examination	7th October		
IOSH Working Safely	14th September	Virtual	

October

IOSH Managing Safely	5th, 12th & 19th October	Virtual	
IOSH Safety for Executives & Directors	15th October	Virtual	
NEBOSH Certificate in Fire Safety	26th - 30th October	Classroom	
Online Open Book Examination	4th November		

November

IOSH Working Safely	9th November	Virtual	
NEBOSH National General Certificate			
Week 1	9th - 13th November	Classroom	
Week 2	30th November - 4th December		
Online Open Book Examination	9th December		
IOSH Managing Safely	16th - 19th November	Classroom	
IOSH Managing Safely	30th November, 7th & 14th December	Virtual	

Plan Your 2026 Training with Confidence

For support in shaping a compliant, effective and risk-aligned training plan, download the **Ligtas 2026 Training Strategy Checklist**. This practical guide helps you sense-check your current approach, identify gaps, and align training with organisational goals. Use it internally or as a starting point for a conversation with your Ligtas consultant.

Looking for Additional Training Options?

If you can't find the date or course you need, Ligtas offers a full suite of further training solutions:

- **More NEBOSH and IOSH Courses** – Including specialist pathways and eLearning options
- **Tailored In-Company Training** – Consultancy-led programmes designed for your organisation and delivered virtually, onsite, or via customised eLearning
- **Workplace Courses** – A wide range of accredited eLearning covering Health & Safety, Fire Safety, Water Safety, Construction, Food Hygiene, Mental Health & Wellbeing, Business Skills, Health & Social Care, and Hospitality.

Training packages can be tailored to your organisation, department, or individual learners.

Speak to Our Team

For help designing the right training mix for 2026, contact the Ligtas team. We're here to help you build a safer, more confident workforce.